

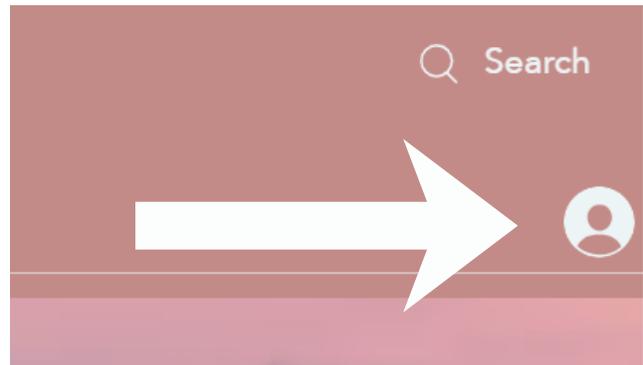
Welcome to

MUUNAY KII

with Shannon Davis, Apu Mamma Aku
at the Chacana Spiritual Center

Next steps:

1. Create a member profile on chacanacenter.com by clicking the circle icon in the top right corner.



2. Ask Shannon and/or her assistants to add you to all social media groups.

3. Complete the registration form on chacanacenter.com under the menu items Shamanic Apprenticeship.



MUNAY KI

Rite Checklist

Rite	Teacher Signature	Date
Bands of Power		
Healer Rite		
Harmony Rite		
Seer Rite		
Day Keeper		
Wisdom Keeper Rite		
Earth Keeper Rite		
Star Keeper Rite		
Creator Rite		

Munay Ki: *Love in action*
Universal Love **Energy**

Wiracocha: *Protection*

\God's Name/ \ Foam ~ Ocean /

Open Wiracocha

- ❖ **Hands at Heart** (*in prayer position*)
- ❖ **Move hands up above the crown chakra**
(*See gold foam. Reach into 8th chakra*)
- ❖ **Turn hands out**
- ❖ **Pull down & around your body and chakras**



Foundation Rites:

1. Bands of Power Rite
2. Healers Rite
3. Harmony Rite
4. Seers Rite

South

Lineage Rites:

5. Daykeepers Rite - *West*
6. Wisdomkeepers Rite - *North*
7. Earthkeepers Rite - *East*

Rites to Come:

8. Starkeepers Rite
9. Creator Rite



Four Fundamental Transmissions of Munay Ki

1. Energetic protections that enable you to walk fearlessly and with beauty in the world.
2. Awakens the healer within you, and also launches your personal healing journey.
3. Awakens the seer within you, and the ability to see into the invisible world of energy and spirit
4. Connects you to a lineage of healers, Wisdomkeepers & Earthkeepers from the past and the future, who will work with you and through you.

Fire Ceremony

A key practice of the Munay Ki bringing in the light & warmth of the fire to germinate the seeds that have been transmitted into the Luminous Energy Field (LEF)...

- ❖ **Fire Ceremony Setup**
- ❖ **Sacred Space**
- ❖ **Germination of Seeds**
- ❖ **Closing Space**



Fire Breath

- ❖ **Open wiracocha**
- ❖ **Cleansing breath and exhale**
- ❖ **Hands behind back & tailbone or hands above head**
- ❖ **Tongue on the roof of mouth**
- ❖ **Send ceque line**
- ❖ **Deep breath and exhale**
- ❖ **3 breaths as one**
- ❖ **Start kegel**
- ❖ **Breathe by pulling in abdomen on each breath**
- ❖ **Cleansing breath and exhale**
- ❖ **Release ceque line**
- ❖ **Hands back to resting in lap**

~ CEQUE LINES ~

Down - Pachamama (*mother earth*)
Up - Inti Tayta (*father sun*)
Down - Tree or Plant
Up - Mama Killa (*moon*)
Down - Power Animal
Up - Mountain
Down - Ocean
Up - Star/Star System

The Harmony Rite

Archetypes Seeds Into Chakras

1. Serpent
2. Jaguar
3. Hummingbird
4. Eagle / Condor
5. Huascar
6. Quetzalcoatl
7. Pachakuti



Huascar



Quetzalcoatl



Pachakuti

Harmony Rite

The archetypes are organizing principles of the Universe. They will be planted as seeds in each of your chakras. It is important to remember that you have received them as seeds, they are pure potential – it is your relationship with them that will grow them into the powerful forces that inform your chakras in new ways.

That is why we do fire ceremonies, to grow these seeds with fire. As you develop your own relationship with the archetypes, your descriptions will evolve from your experience and become your own.



Serpent (Sachamama)

Root Chakra
Direction~ South
Physical/Body
Element~ Earth



- ❖ Symbolizes a non-emotional perspective.
- ❖ The perspective of how things appear to be.
- ❖ To be able to shed emotional wounds as the serpent sheds her coils.
- ❖ Gradual healing

Jaguar (Otorongo)

Sacral Chakra
Direction~ West
Mental/Emotional
Element~ Water



- ❖ Jaguar promotes change to become the most healed version of ourselves.
- ❖ She teaches us to move beyond fear, and overcome our fear of death.
- ❖ Teaches discernment and to be a tracker & master our emotions

Hummingbird (Huanacari)

Solar Plexus Chakra

Direction~ North

Mythic/Symbols

Element~ Fire



- ❖ Represents the courage required to embark on a epic journey.
- ❖ Hummingbird reminds us to live in the sweetness of life.
- ❖ Teaches us the beauty of life.
- ❖ This is where our ancestors rest to bring us wisdom and guidance.

Eagle / Condor

(Anka)

(Kuntur)

Heart Chakra

Direction~ East

Energetic/Spirit

Element~ Air



- ❖ Allows us to step into God's perspective.
- ❖ To see through the creator's eyes.
- ❖ The eyes of the condor see into the past and the future, helping to know where we come from, and who we are becoming.

Huascar

Throat Chakra
Subconscious

- ❖ Lord of life, Lord of death.
- ❖ The harmonizing principle of the lower world, our inner world.
- ❖ Keeper and protector of the lower world
- ❖ The gift of Huascar is a harmonic relationship with our inner shadow and hidden places.



Quetzalcoatl

Third Eye Chakra
Conscious

- ❖ Quetzal is a beautiful jungle bird and coatl is the feathered serpent represented by the Caduceus of Western Medicine.
- ❖ As the organizer of the middle world, when you come into relationship with Quetzalcoatl you don't have to micromanage your life.



Pachacuti

Crown Chakra
Superconscious

- ❖ Keeper of the possibilities and the organizing principle of the heavenly Upper World.
- ❖ An emperor of the Incas
- ❖ Most archaeologists now believe that the famous Inca site of Machu Picchu was built as an estate for Pachacuti.



The Seers Rite

- ❖ Must be willing to see & perceive what others may not see
- ❖ Broadens and deepens connection (sight) with the heart
- ❖ See as the Shaman sees - “Between Spaces”
- ❖ Synesthesia - (*confusion of the senses*)
- ❖ New Luminous Pathways
- ❖ Reawakens the sight
- ❖ Softens the Gaze



DESPACHHO CEREMONY

The Despacho ceremony is a living gift to spirit. An expression of gratitude that harmonizes the physical universe with spirit and the heart. Tangible items are given, like sugar for sweetness, corn for sustenance, and feathers for gentleness.

This offering enhances your intentions of gratitude for what you've been given, unifying you consciously to all that is.



Wisdomkeepers Rite

Altomesayoq - (alto-mesa-yok)

- ❖ Lineage - Medicine People / defeated death
- ❖ Help you step outside of time and taste infinity
- ❖ Stories come from the mountains & places of power
- ❖ Broadens rather than focus
- ❖ Heals the masculine





SHAMANIC PRACTITIONER

Course Informational Packet

The Mesa Training Journey at The Chacana Spiritual Center

What Is the Shamanic Practitioner Apprenticeship?

The **Shamanic Practitioner Apprenticeship** is an immersive, hands-on **training and apprenticeship within the Q'ero lineage of Peru**, high in the Andes Mountains.

In this sacred tradition, the path of initiation and mastery is known as the **Mesa Training** — a transformational journey that awakens the healer within and connects you to the living wisdom of the Andes.

The **Mesa** is your **sacred healing bundle** — a living altar that holds your personal medicine, sacred stones, and your connection to the **Apus (mountain spirits)**, **Pachamama (Mother Earth)**, and the **luminous forces of creation**.

Throughout this apprenticeship, you will become a **Mesa Holder** — one who carries great power and responsibility, walking in right relationship with the Earth, the ancestors, and the lineage of the **Andean Shamans of Peru**.

This is a **practitioner's apprenticeship designed for personal mastery and service**.

Teaching within this lineage requires **further apprenticeship and a deeper level of integration**.

Please connect with **Shannon** to explore this sacred commitment.

Students may begin the Mesa Training **immediately after receiving the Bands of Power** — the **first Munay-Ki class**.

You must complete the full **Munay-Ki series** before or during your Mesa journey.

THE JOURNEY THROUGH THE MEDICINE WHEEL

Your apprenticeship unfolds over **2.5 years**, meeting every three months for **ten immersive weekend intensives** — each aligned with one of the **Four Directions** and their sacred energies.

All core Mesa classes and ceremonies are available **in-person or online**, supporting your continued growth and integration.

THE FOUR DIRECTIONS

SOUTH DIRECTION – The Serpent

The South represents **the Serpent**, who teaches us to **shed the past** and **walk in beauty**.

It is the direction of **release, healing, and trust in Pachamama's wisdom**.

Students learn foundational shamanic tools such as:

- Journeywork
- Smudging & energetic cleansing
- Illumination & Decoupling (chakra balancing)
- Scrying & Divination practices

Here, we learn to move like the Serpent – grounded, wise, and reborn.

Class 1 – South 1 (2 days)

- Moon Ceremony
- Mesa Essentials
- Shamanic Ethics (Online Recorded Video)

Class 2 – South 2 (2 days)

- Mesa Essentials
- Moon Ceremony
- **Sacred Boundaries** – a hands-on class in compassionate, professional touch. Students learn to honor energetic and physical boundaries, offering healing through **respect and sacred presence**.

WEST DIRECTION – The Jaguar

The West is the realm of **the Jaguar**, guardian of **courage and transformation**.

Here, we release what no longer serves with **grace, strength, and fearlessness**.

Students develop the ability to:

- Communicate with ancestors
- Move through time to heal past or future events
- Perform minor & major extractions to clear the luminous body.

Class 3 – West 1 (2 days)

- Moon Ceremony
- Mesa Essentials
- **Shamanic Intake** (Online Recorded Class) – Learn to hold a heart-centered client conversation for safe, meaningful sessions.
- **Sacred Altar & Sacred Fire** – Ancient Andean techniques for prayer, release, and renewal.

Class 4 – West 2 (2+ days)

- Moon Ceremony
- Mesa Essentials
- **Friday Night: Middle World Journey** – Travel through time and space to receive guidance and restore harmony in the present.

In the West, we face our shadows and discover our fearless light.

NORTH DIRECTION – The Hummingbird

The North embodies **joy, lightness, and sacred courage**.

Here, we integrate the wisdom gathered from our journey, weaving it into daily life.

Students learn:

- **Basic & advanced soul retrieval**
- **Destiny-line retrieval**
- **Healing seven generations** before and after their lineage

This direction awakens **ancestral healing, luminous DNA, and the art of invisibility** – moving beyond illusion to embody higher vibration.

Class 5 – North 1 (2+ days)

- Mesa Essentials
- Moon Ceremony
- **Friday Night: Upper World Journey**

Class 6 – North 2 (2 days)

- Moon Ceremony
- Mesa Essentials

The Hummingbird teaches us to drink deeply from the nectar of life – to live in joy, trust, and sacred flight.

EAST DIRECTION – The Condor & Eagle

The East belongs to **the Condor**, who soars closest to the Sun.

It is the place of **illumination, transcendence, and divine vision**.

Students learn to connect with **angels, celestial beings, and perform shamanic death-doula work** – bringing peace, forgiveness, and liberation across realms.

In the East, we rise into light – embodying Creator's wisdom and radiant service.

A **Shamanic Healing Session with Apu Mamma Aku** must be completed prior to beginning **East 1**.

Class 7 – East 1 (2+ days)

- Mesa Essentials
- Moon Ceremony
- **Friday Night: Ayni Despacho Ceremony** – Create sacred balance between Earth and Sky through offerings of gratitude and prayer.

Class 8 – East 2 (2 days)

- Mesa Essentials
 - Moon Ceremony
 - **Upper World Journey** – A guided connection with angels, ancestors, and celestial teachers.
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ADVANCED INITIATIONS

Class 9 – ÑUSTA RITES (2 days)

The Ñustas are the rainbow feminine energies of the Andes – goddesses of the **mountains, waters, and stars**.

This expanded ninth class introduces the **Rainbow Healing Bundle**, awakening the **seven feminine powers** within.

You will learn the Ñusta Healing Technique, deepening intuition, emotional grace, and connection to the sacred mountains and waterfalls.

- Moon Ceremony
- Mesa Essentials

The Ñustas awaken the heart of divine balance – the union of grace and power.

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- Moon Ceremony
- Mesa Essentials

The Ñustas awaken the heart of divine balance – the union of grace and power.

Class 10 – CHUMPI STONES & FINAL INTEGRATION (2 days)

The **Chumpi Stones** are seven sacred Andean stones that align with the body's energy centers, carrying the frequency of the **Apus** (mountain spirits).

Students receive full training in the **Chumpi 7-Stone Healing Technique**, activating spiritual strength and restoring harmony in the energy field.

Day 1: Chumpi 7-Stone Healing Technique Training

Day 2: Final Rites of the Chumpi & Nusta

- Graduation Despacho Ceremony

This final initiation celebrates your transformation — as you emerge fully as a luminous healer of the Q'ero lineage.

Moon Ceremony

A sacred Andean ceremony honoring the Divine Feminine and the natural cycles of renewal.

Through prayer, offerings, and energy alignment, students connect with Mama Killa (the Moon) for emotional healing, balance, and guidance.

Each Moon Ceremony offers deep release, divine connection, and sacred empowerment.

Mesa Essentials

A hands-on practice session to integrate previous lessons.

Students deepen their relationship with their Mesa, refine healing techniques, and strengthen ceremonial presence before graduation.

These sessions are the heartbeat of your training — where wisdom becomes embodied practice.

Note: When you see 2+ days listed, it indicates that a Friday evening or Monday evening session is included as part of that weekend's teachings.

What You Will Gain

Through this 2.5-year, 10-class journey, you will:

- Apprentice directly with a **Master Shaman**
- Master core Q'ero techniques: **illumination, extraction, soul & destiny retrieval, ancestral healing, cord cutting, and more**
- Receive initiations into the **Nusta Healing Technique & Chumpi 7-Stone Healing Technique**
- Perform sacred **Despachos, ceremonies, and rites of passage**
- Connect with **angels and celestial guides**
- Develop mastery of **energy, emotion, and sacred presence**
- Learn to **walk in harmony** — leaving no footprints in the sand
- Graduate as a **Shamanic Practitioner of the Q'ero lineage**, ready to **serve in right relationship with Earth and Cosmos**.

This is more than a training — it is a remembering of your soul's sacred calling.